

BEST PRACTICE CATALOG

Project Title: **B.E.S.T. UNIT**

Function Category: ☒ PATIENT-FOCUSED ☐ ORGANIZATION ☐ STRUCTURES

Subcategory: **Care of Patients**

Heading: **Behavior Management**

Key Word(s): **Targeted behaviors**

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Hospital: **Napa State Hospital**

Purpose: Small unit within T-14 which houses clients who require intensive staff intervention because of intrusive behavior, high-risk assault and/or general noncompliance with treatment and milieu activities.

Brief Description: Decrease or increase identified target behaviors by reinforcing the absence or presence of targeted behaviors. Clients earn secondary reinforcements (points) and primary reinforcements (preferred food items) for self-control and displaying proper behaviors on a daily basis.

Selection Basis/Criteria: The B.E.S.T. unit provides a small, highly structured setting for clients who chronically present a serious threat of disruption to the milieu of main unit with their behaviors. Behaviors range from extremely intrusive to dangerously assaultive toward others to very damaging to the environment. Program provides low stimulus milieu, enhanced staff involvement and supervision and individual behavioral modification programs.

The following items are available regarding this Best Practice:

☐ Photographs ☐ Video Tape ☐ Drawings ☐ Manual

☐ Other _____

DATE SUBMITTED: **October 19,1998**